

# Structured Timetable



Up,  
dressed and  
ready for the  
day – including  
having a  
healthy  
breakfast



Reading



Free time



Focused  
learning  
activities



Free time



Focused  
learning  
activities



Lunch



Choose a  
topic or  
activity to  
research/  
explore  
together

# *Less structured* Timetable



Up, dressed and ready for the day – including having a healthy breakfast



Reading or walk



Focused activity

1



Free choice



Focused activity

2



Creative time (Lego, colouring etc)



Focused activity

3



Board games together



Lunch – perhaps encourage your child to help prepare the food!



Focused activity

4



Free choice



Physical activity: playing outside, family fitness session, a walk to the park



Focused activity

5



Baking



Focused activity

6



Free choice

